



AMBASSADOR LEADERS

MEDICINE & HEALTH CARE SUMMIT AT JOHNS HOPKINS UNIVERSITY

SUMMIT ITINERARY | JUNE 25-JULY 3, 2019 | JULY 27-AUG 4, 2019 | 9 DAYS | GRADES 9-12

DAY 1: Welcome to the field of Medicine

Arrive on JHU campus and check in to the Summit.

After saying good-byes, parents can attend an *optional* brief orientation, while students join their peers for icebreakers.

Later this evening, students enjoy a **welcome dinner and opening address**, and meet teacher leaders and staff who will guide them during the Summit.

DAY 2: Challenge yourself

Push your limits during a **hands-on team building experience** at a high ropes course. Get to know your team as you problem-solve and overcome obstacles together.

Receive an introduction to **intriguing patient case studies** that you and your teammates will examine during the Summit.

Following your dreams takes persistence and grit. Fuel your passion when you hear from a **keynote speaker** – an accomplished physician or a public health expert.

DAY 3: Chart your course to a medical school

Hear about Hopkins' academic community, student life and application process from a **JHU Admissions counselor**, then explore JHU campus during a tour led by JHU students.

Visit **University of Maryland Medical School** and its state-of-the-art research facilities. Hear from a **panel of medical students** and take part in a **hands-on simulation experience** in the Shock Trauma Advanced Medical Simulation Lab.

Then, learn crucial life-saving skills during the **Stop The Bleed training and certification**.

Discuss **leadership in the field of medicine** with your peers and examine its implications for your future career.

DAY 4: Meet the experts

Participate in a **patient interviewing and examination workshop** and learn important patient care skills.

Dive into your case studies with your team. Hone your new skills by examining patient symptoms and learning what to look for to narrow down the diagnosis.

Meet a **panel of medical professionals** and hear about different career paths you can take in the medical field, and the challenges and rewards of each.

Take part in a **Medical Ethics discussion** and address hot topics such as gene therapy, stem cell research, and others.

DAY 5: Explore Washington, DC

Learn about past and present leaders during an action-packed day in Washington, DC.

Start the day with an enlightening tour of the **US Capitol Building** and examine the history and present day of our country's government.

Explore the National Mall and pay tribute at the awe-inspiring **national monuments and memorials**.

Back on campus, continue working with your team on your case study research and presentation.

DAY 6: Get hands-on with medicine

Roll up your sleeves during a CPR training and **earn your CPR/AED certification** from the American Red Cross.

Learn technical suturing skills working with a surgeon and put your skills into practice during a suturing simulation.

Take part in an interactive workshop to learn about **reflexes, cranial nerves** and **vital signs**.

Hear from a **panel of JHU students** about college life and how you can prepare for medical education.

DAY 7: Make an impact

Give back to the local communities in Baltimore through a **hands-on service project with United Way**.

Visit the **National Institutes of Health (NIH)**, one of the world's foremost medical research centers, and learn about careers addressing the growing global health challenges.

Explore the renowned **National Museum of Health & Medicine** and learn about the history and practice of American medicine.

DAY 8: Unveil your case study

It's your time to shine! **Present your case-study conclusions** to your peers and get feedback.

Celebrate your accomplishments and bond with your friends during a **dinner-and-dance cruise on the Baltimore Harbor**.

Explore **Baltimore's vibrant Inner Harbor** and shop for mementos to remember your time in Baltimore.

DAY 9: Serve with passion!

In the morning, bid farewell to your friends and teacher leaders. Remember to **lead through service** as you go after your dreams in medicine. We are counting on you to do great things!

This is a summary itinerary of what students will experience on program. Some activities are subject to confirmation and may change based on availability of our partners. Daily scheduling may vary from session to session and may change based on the age group.