



AMBASSADOR LEADERSHIP SUMMIT

PROGRAM ASSIGNMENT #2: THE LIFELINE EXERCISE

Place your life events on this timeline in the order in which they happened, then connect them

THE UPS



THE DOWNS



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STEP 3

Answer the following questions and be prepared to share with you team at the Summit.

What are three specific things you learned about yourself from the Lifeline exercise?

1. _____

2. _____

3. _____

Which experiences have shaped you the most as a person?

What are five words or phrases that people would use to describe you? (Be honest)

1. _____
2. _____
3. _____
4. _____
5. _____

Remember, you have a unique DNA, like no one else. Your experiences have made you who you are, and your future experiences and what you take from them will continue to shape you. Let your personality shine through as you meet your new friends at the Summit. We can't wait to get to know you!